**RESULT**

**Characteristics of the study population**

Of the study participants, 75 (72.12%) were women. As for age groups, individuals aged 20–29, 30–39, 40–49, and over 50 made up 45.19%, 44.23%, 5.77%, and 4.81% of the sample, respectively. Most of the respondents were educated beyond college (92.31%), and half of the respondents lived in metropolitan areas (50.00%). Twenty respondents were taking the medication regularly (19.23%).

